

## THE INASMUCH COMMUNITY

The Inasmuch Community has a long and proud history of providing quality care services in Sussex Inlet for over 60 years.

Our philosophy and values include:

- To ensure that every person accessing Inasmuch services receives the best possible care and attention, and are treated with respect and courtesy.
- To encourage and enhance a person's independence, autonomy and wellbeing in their everyday life.

### Integrated services as your needs change

One of the best features of the Inasmuch Community services for residents of the Sussex Inlet and District is the integration and range of services so as your needs change our services are available to meet them.

**Our Inasmuch Community services include:**

**Retirement Village** for independent living

**Home Care Support** in your own home

**Russ Murray Lodge** respite care

**Aged Care Hostel** supported care

**Ainslie House** high level care

**Community Services Hub** offering a range of services and activities opening soon

## WE WOULD LOVE TO HEAR FROM YOU

If you would like to find out more about Veteran & Community Respite Care, please contact us to discuss your requirements and register your interest in staying or make a booking.

### **Inasmuch Community Limited**

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**Inasmuch cares about the residents  
of Sussex Inlet and District  
as we are part of your community**

**Inasmuch Community  
Veteran & Community Respite Care  
gives you the benefits of being part of  
the Sussex Inlet community**



*The benefits and security of living  
in a fully serviced community.*

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**VETERAN & COMMUNITY  
RESPITE CARE**

## ABOUT INASMUCH RETIREMENT VILLAGE

Inasmuch Community is located in Sussex Inlet village offering a relaxed place with all the services you need at your fingertips.

Our Respite Care Facility welcomes those who would like to take a break from everyday life to enjoy a stay with the Inasmuch Community – a relaxing holiday by the seaside with the added safety and support of care staff.

We welcome our older ex-services veterans as an integral part of the Inasmuch Community, where wellbeing is every day.

You can do as much or as little as you like during your stay. Shops, cafes, clubs, hair dressers, cinema, health services are all close by with easy access to a wide range of leisure activities such as bowls, fishing, boating, swimming, tennis and much more. Or simply kick back and enjoy reading, hobbies and looking out over the calm waters of beautiful Sussex Inlet.

## OUR VETERAN & COMMUNITY RESPITE CARE FACILITY

Our newly refurbished residential respite care facility in Russ Murray Lodge offers modern fully serviced private accommodation with quality meals. Care staff are on duty 24/7 for your support and safety. A range of additional priced services are available as you choose.

All units are roomy and fully air-conditioned, featuring a sitting room which opens to a balcony overlooking gardens, a bedroom with large built-in wardrobe, and private en-suite bathroom with walk-in shower. Units also include dining table and chairs, sitting room chair and sofa, remote control flat screen TV, tea/coffee making facilities and a small fridge.

The top floor of the facility features the spacious Common Room, with water views over Sussex Inlet. Residents can get together to enjoy social meals, shoot some pool or play cards, share a movie, have a coffee and chat in the lounge, or just relax and read a good book.

## FLEXIBLE RESPITE CARE OPTIONS

You can choose short stay residential respite options of 14 to 28 days, with extensions up to 63 days subject to availability. One or two bed units are available on request.

Residential respite care places are currently available for Home Care, NDIS and private clients. We plan to extend our respite services to more DVA and MyAged Care clients in the near future.

We aim to make your stay with Inasmuch Community a safe and enjoyable experience. An Aged Care Assessment (ACAT) or Discharge Summary from hospital should be provided when booking. A current influenza vaccination certificate is required. A COVID-19 questionnaire and temperature check will be undertaken on arrival for your stay.



## RESPITE CARE

*Sussex Inlet offers all the services you need for a stress-free living*